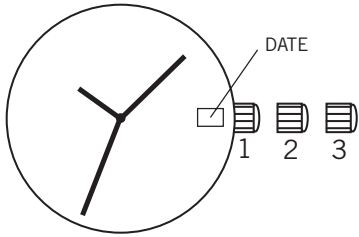


Date Watch



Date Setting

1. Pull the crown out to position 2.
2. Turn the crown either clockwise or counter-clockwise and set the date for the previous day. The direction that moves the date varies on different watch models.

Time Setting

1. Pull the crown out to position 3.
2. Turn the crown counter-clockwise to advance the time and continue until the day changes to the present day.
3. Set to the correct time.
4. Push crown back to position 1.