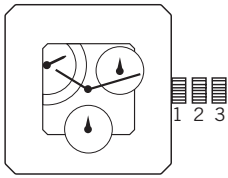


Retrograde with Date Sweep VD86A



Time and Date Setting

1. Pull crown out to position 3 and rotate clockwise to set day of week. Hand in upper left indicates weekday and will automatically reset to "M" at the end of the week.
2. Keeping crown in position 3, rotate hands to set the time (make sure am/pm is set correctly).
3. Push crown back to position 1.
4. Pull crown out to position 2 and rotate counter-clockwise to set date.
5. Push crown back to position 1.