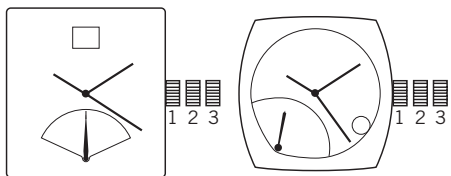


## Retrograde with Time Sweep GP00/GP01



### Time and Date Setting

1. Pull crown out to position 2 and rotate clockwise to set date.
2. Pull crown out to position 3 and rotate clockwise to set time. Hand in lower window indicates am/pm time and will automatically reset to "O" at midnight.
3. Push crown back to position 1.

### Dual Time Setting

1. Set time zone 1 as indicated above.
2. Pull crown to position 2 and rotate counter-clockwise to set 24-hour hand to second time zone.
3. Push crown back to position 1.