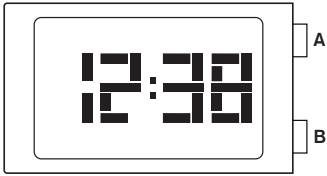


Digital MLL-004



Normal Time Display

1. Press A to display month/date for 3 seconds.
2. Press A twice (or once if date is displayed) to display seconds. Press A again to return to Normal Time Display.

Time and Date Setting

1. From Normal Time Display, press B twice to enter setting mode; month will be displayed.
2. Press A to increase value.
3. Press B to set and advance to next setting.
4. Setting sequence is: month, date, hour, minute.
5. Press B to exit setting mode; press A to activate watch.

NOTE: Colon will flash between hour and minutes in Normal Time Display to indicate watch is active.