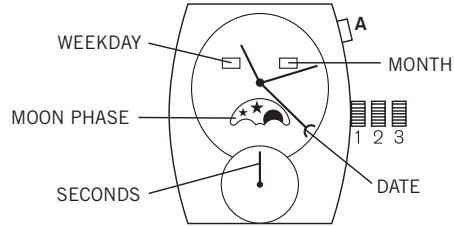


Moon Phase 6P80



Time/Day Setting

1. Pull crown out to position 3. Turn crown clockwise to set weekday. Hour and minute hands will also turn.
2. When correct weekday is shown in window, set hour/minute hands to correct time (make sure am/pm is set correctly).
3. Return crown to position 1.

Date Setting





1. Pull crown out to position 2. Turn crown counterclockwise to set date.
NOTE: Do not set date between 9 p.m. and midnight. Doing so could affect the accuracy of the date, even though the correct day has been selected.

Month Setting

1. Press A to advance month.
NOTE: For month setting between the 26th and 31st of the month: Move the date hand to a setting other than the 26th-31st, make the desired changes to the month setting, and then return the date hand to the proper setting. The month and date are synchronized so that when it is the end of a short month (less than 31 days), the month automatically adjusts to the correct month.

Moon Phase Setting

1. Pull crown out to position 2. Turn crown clockwise to set the current moon phase.

<p>New Moon Moon's Age: 0 Spring Tide</p> 	<p>First Quarter Moon Moon's Age: 7 Neap Tide</p> 	<p>Full Moon Moon's Age: 15 Spring Tide</p> 	<p>Last Quarter Moon Moon's Age: 22 Neap Tide</p> 
---	---	---	--

2. Return crown to position 1.
NOTE: The moon phase dial represents the age of the moon, the actual shape of the moon during each phase is not represented. The age of the moon is determined by the period between each new moon, approximately 29.5 days.