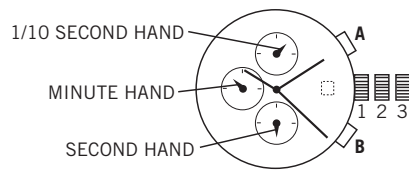


Chronograph Stopwatch VD55 (with date - VD57)

(1 crown/2 pushers)



Time Setting

1. Pull crown out to position 3.
2. Set time by turning the crown clockwise.
3. Push back to position 1 to start the watch.

Using the Stopwatch

1. Press A to start/stop the stopwatch.
2. Press B to control the split time and reset.

Stopwatch Hand Adjustment

1. Pull crown out to position 3.
2. Press A to reset the stopwatch 1/10 second hand to the "0" position.
3. Press B to reset the second and minute hands. The hands only move clockwise.
4. With each press of A or B, the hands move one position. They move quickly if the buttons are kept pressed.

NOTE: If the stopwatch hands function improperly, pull out crown and press A and B at the same time for over 2 seconds. When the buttons are released, the stopwatch second and 1/10 second hands will spin around and return to "0." This will indicate that the internal circuit has been reset.

Date Setting (On some models only)

1. Pull crown out to position 2.
2. Turn clockwise until desired date appears in window.
3. Push crown back to position 1.